



ONLINE SAFETY PARENT WORKSHOP

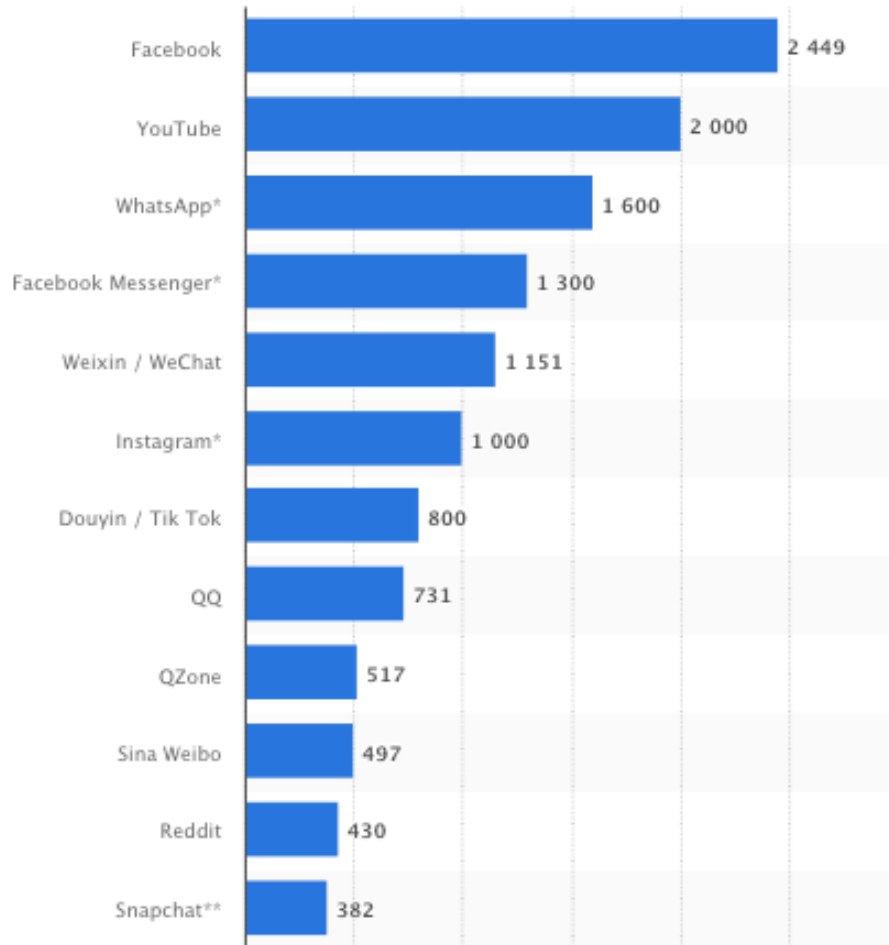
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ONLINE SAFETY PARENT WORKSHOP

- Statistics
- What are the issues?
- Smartphones and Tablets
- Gaming Devices
- Smart TVs
- Top tips
- Useful links

CURRENT SITUATION



◆ Almost 4.54 billion people were active internet users as of January 2020- around 59 percent of the global population

◆ Over one in five 3-4s have their own tablet

◆ There are 74% 12 -15 year olds with a social media profile

◆ Currently, some of the most popular things to do on the internet involve live streaming where one in ten 12 – 15 year olds have shared videos using live streaming.

◆ This was before the popularity surge over apps like Tik Tok

(Ofcom 2017)

WHAT ARE THE ISSUES?



- ◆ Internet is always changing, so it is hard to keep up to date
- ◆ Children have better technical skills
- ◆ **Conduct:** the child's behaviour online and their digital footprint
- ◆ **Content:** content that is inappropriate for the child's age is easily accessible to them
- ◆ **Contact:** children can be contacted by a variety of different people online, not always with the best intentions
- ◆ **Commercialism:** children can be unaware of hidden costs in games, apps and some websites

WHAT SHOULD I LOOK OUT FOR?

- ◆ Many children don't tell their parents they're being cyber bullied : unsure what bullying online is, not sure how to handle it, scared they might lose online privileges.
- ◆ Look out for if:
- ◆ They suddenly stop using the computer or device or app, even if they have always enjoyed it before
- ◆ They do not want to use the device where you can see them
- ◆ Turns off the computer monitor or changes screens every time you walk by
- ◆ They become nervous or jumpy when receiving a notification
- ◆ Become withdrawn

WHAT SHOULD I DO?

- ◆ Talk about it
- ◆ Be aware of what they share
- ◆ Learn about it
- ◆ Take control
- ◆ Block and report
- ◆ Keep the evidence

SMARTPHONES

Smartphones are mobile phones with internet access. They are capable of a range of functions, including social networking, listening to music, playing games, browsing the internet, checking emails, taking photos and videos and watching TV – along with the usual texting and calling!



SMARTPHONES AND TABLETS

- ◆ When you sign up to a mobile contract or buy a device make sure that you and your child understand the contract's internet data allowance
- ◆ Understand the capabilities of the device and how you, as a parent, can support your child to be smart and safe in their smartphone use. To help with this check out saferinternet.org where they have tips on buying iPhones and tablets with a Shopper's Checklist to help you.
- ◆ Talk with your child about safe and responsible device use and agree a set of family rules.

GAMING DEVICES

- ◆ All modern gaming devices offer parental controls to help you manage how your child uses their device. There is lots of advice for parents about how to set up devices such as Nintendo, Xbox and Playstation devices
- ◆ PEGI age ratings help you decide which games are appropriate for your child's age
- ◆ Important to understand the capabilities of gaming devices and how you as a parent can support your child to be smart and safe in their gaming- often signing up to things in your email can help with this

SMART TV



Smart or connected TVs are televisions with integrated internet capabilities. Smart TVs allow you to watch TV, as well as being able to browse the internet and watch TV on catch-up. If a television is connected to the internet it means you can access and watch Youtube on your TV, Netflix, BBC iPlayer etc. As of 2015, most TVs in the shops nowadays are smart TVs.

SMART TV

- ◆ All home internet providers offer parental controls that can help reduce the chances of your child accessing inappropriate content. These can be done through the TV itself or your WiFi router
- ◆ On all your TV on demand apps you can restrict your children from watching certain TV programmes
- ◆ Important things to think about:
 - Is it possible to disable the internet browser on the smart TV?
 - How can the TV be used to watch or download films and TV or listen to music?
 - What are the ways the device can be used to communicate with people?
 - Can this device be used to play games?
 - Can you prevent your child from downloading apps which are not age appropriate?
 - Can user profiles be created for the TV?

TOP TIPS

- ◆ Make conversations about Online Safety a regular occurrence in your house
- ◆ Decide when your children are ready for these devices and exposure to internet
- ◆ Stress respect of others
- ◆ Set clear rules and boundaries – Family Agreements can be quite useful e.g. Having no screen days. For every hour of screen time, try doing a different activity
- ◆ Make sure you use a firewall and have anti-virus software
- ◆ Set up a family email for websites children access
- ◆ Encourage children to not use a nickname on sites and not share personal information
- ◆ Option to have their messages sent to parents phone

OUR PACT



Schedule Screen Time

Set and forget! Limit app access automatically for recurring activities like school or bedtime.



Manual Block & Grant

Block or grant access to internet and apps on your child's device at any time, from anywhere.

DIGITAL 5 A DAY



USEFUL WEBSITES

<http://www.parentscentre.gov.uk/>

www.thinkuknow.com

<http://www.getnetwise.org/>

<http://www.childnet-int.org/>

<http://www.bbc.co.uk/webwise/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parents-guide-technology>